

Audley Infant School



PHYSICAL EDUCATION POLICY

Written: January 2020

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Aim of the policy

To adapt a whole school approach to the promotion of enjoyable physical activity within and outside the statutory national curriculum requirements.

P.E. is a foundation subject within the National Curriculum.

Aims of the PE National Curriculum:

The national curriculum for physical education aims to ensure that all pupils:

- Develop competence to excel in a broad range of physical activities
- Are physically active for sustained periods of time
- Engage in competitive sports and activities
- Lead healthy, active lives.

Subject Content:

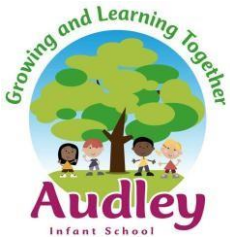
Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

Pupils should be taught to:

- Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities
- Participate in team games, developing simple tactics for attacking and defending
- Perform dances using simple movement patterns

Entitlement and inclusion in P.E.

Each year group will have the equivalent of 2x 60 minute sessions timetabled per week, when the hall, playground or outdoor facilities will be available for use. EYFS will have 2x 60mins session with the addition of continuous outdoor provision.



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Assessment and recording:

Pupil performance in lessons is assessed continuously and pupils' progress and achievements will be annually reported to parents on the school report. Pupils' effort and achievements can be rewarded at good work assembly or with a P.E. certificate given by the class teacher where appropriate. Pupils involved in extra-curricular activities will be rewarded with a specialised certificate to take home.

The focus of assessment in P.E. is on the core tasks. The P.E. Assessment will record pupils who are working beyond the expectations and those who are working below expectations.

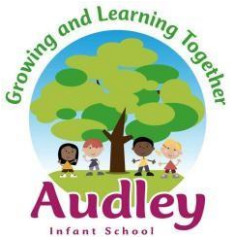
Staffing/Staff Development

Most P.E. lessons will be taught by the class teacher teaching the whole class together, with some lessons covered by our PE coach, Coach Ben. However opportunities will arise when small or large groups will be more appropriate groups may be spread across classes. Teachers will have at least 1 opportunity (per a term) to work with an outside specialist to develop their CPD in an area of the PE curriculum of their choice, relevant to their year.

Safety

Safe and effective exercise procedures will be taught and adopted in all physical education sessions within and outside school, including appropriate 'warm ups' and 'cool downs'. All resources will be checked and counted by the P.E. co-ordinator each term for safety, plus an annual inspection by Crown Gymnastics. The following list of equipment available for use in our schools needs the minimum number of children to lift and carry it safely, and all staff must continuously remind pupils of correct lifting procedures. For example, knees must be bent when lifting and heavy objects must be carried close to the body.

- Boxes (Adult plus children)
- Bench (4 children)
- Large table (4 children)
- Small/medium table (2 children)
- Mats (4 children initially, then 2 children when competency is established.)



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Safe Practice for Children:

(See also whole school Health and Safety Policy)

The book 'afPE Safe Practice in Physical Education and School Sport', see co-ordinator, details all necessary safety precautions.

All healthy children take part in P.E. lessons. Children who need to miss individual activities for health reasons must bring a note from parents or guardians. Long term exclusion must be accompanied by a medical certificate.

Children who suffer from asthma should normally take part. These children generally know how to cope with their breathing problems. Teachers should be aware of procedures to be taken if symptoms become more serious - all staff have up to date first aid training.

Appropriate kit should be worn, black P.E. shorts, joggers or leggings, t shirt and pumps. Trainers should not be worn inside but suitable trainers are acceptable outside. Clothing should not be too tight or loose fitting. Watches to be removed and any headbands or large slides from hair. Glasses should be removed unless vision is badly impaired - no child should wear glasses for rotational work on apparatus. Long and shoulder length hair must be tied back. Any ear piercings/studs should be either removed or covered with a plaster,

Children who forget kit can borrow appropriate kit - where available.

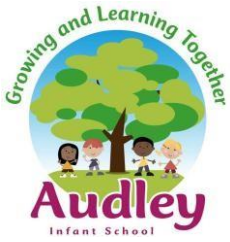
Staff should be dressed suitably to teach a PE lesson and need to wear suitable footwear.

Environment:

School staff should have the competence and knowledge to teach safely. They should have good control and management skills to organise and maintain a positive learning environment for all involved.

When working in the hall careful consideration should be given if there is equipment / furniture stored around the edge. Cones should be used to mark out the safe working space.

Some pupils may need specialist equipment and approaches or alternative or adapted activities, consistent with school-based intervention augmented by advice and support from external specialists, or in exceptional circumstances, with a statement of special educational needs.



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Behaviour:

Pupils should be encouraged to:

- Look after resources
- Use different resources to promote learning
- Return all resources tidily and to the correct place (staff should oversee)
- Be told of any safety procedures relating to the carrying or handling of resources.

Any defects in equipment or fittings should be reported immediately to the Head Teacher and steps should be taken to isolate it from use and alert other members of staff to the problem.

Role of the co-ordinator

The physical education co-ordinator is responsible for:

- ✓ Monitor medium term plans for continuity and progression throughout the school.
- ✓ Check the condition of P.E. equipment, however, all damage to apparatus must be reported to the co-ordinator.
- ✓ To liaise with all year groups and annually put together a P.E. bid including equipment that needs replacing where necessary.
- ✓ To make sure the children offers opportunities for extra-curricular activities.
- ✓ Attend relevant courses and disseminate information to the rest of the staff
- ✓ To organise and over-see specific annual events like sports day.
- ✓ To review the P.E. policy each year and amend with all staff.

Policy Review

The policy will be reviewed annually or as and when required.